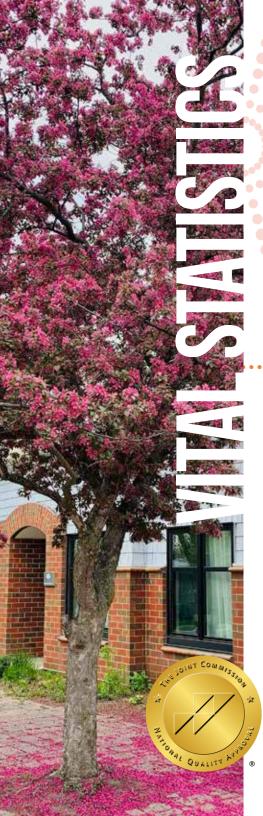
ORCHARD PLACE 20222 REPORT CARD

Mental health awareness artwork created by a child at Orchard Place inspired the cover design of this Annual Report.



IN 2022, orchard place:

- Provided care to **7,029** Iowa children and youth
- Employed **350** staff members
- Engaged **335** volunteers
- Operated on a budget of
 \$22.7 MILLION
- Limited management and general expenses to only
 8.52% of the total budget
- Orchard Place is proud to have earned the Gold Seal of Approval® from The Joint Commission - a nationally recognized symbol of quality in behavioral healthcare.



A MESSAGE FROM CEO ANNE STARR

Advocacy is an important part of fulfilling our Orchard Place mission. In 2022, members of our Behavioral Health Intervention Services (BHIS) team became the voices of our clients and our families when they spoke up, showed up, and effectively advocated for increased funding.

"Democracy and Open Communication are two of the most valued pillars by which our organization measures its culture," said Daron, our BHIS Operations Supervisor. "There are no better examples than our time spent with legislators, advocating for the needs of the clients and families in the community that we serve. Through many voices, a singular message was delivered; the need for behavioral health grows across the state and the urgency for funding to support the organizations and amazing staff who deliver this service has never been more present."

I echo Daron's message and call to action. Advocacy in mental health is crucial as it reduces the stigma and increases the support for youth and their families. Thank you for adding your voice and investing in our mission. Together, by advocating, we're developing stronger futures.

ann JA

Anne Starr, M.S.W. CEO, Orchard Place



THE ORCHARD PLACE MISSION: **Developing strong futures**

Orchard Place is a leading Iowa nonprofit organization dedicated to helping youth with mental and/or behavioral health challenges.



OUR BRANCHES OF SERVICE:

- Child Guidance Center: Accredited outpatient community mental health center for children and families.
- Orchard Place Campus: Residential Psychiatric Medical Institute for Children (PMIC) serving children and adolescents. Treatment is provided by a multidisciplinary team including child and adolescent psychiatric providers, nurses, therapists, milieu treatment counselors, plus a recreational therapist, dietician, and other dedicated professionals.

PACE Center:

Community-based programs providing skill-building, substance-use treatment, Juvenile Court follow-up and integrated health home services.

SANCTUARY INSTITUTE CERTIFIED



Orchard Place is the only provider in lowa certified by the Sanctuary Institute. This certification symbolizes our organization's commitment to providing a higher level of care, a trauma-sensitive environment for the children and families we serve, and a better work environment for our team members.



The Sanctuary® Model is a blueprint for clinical and organizational change which, at its core, promotes safety and recovery from adversity through the active creation of a trauma-informed community.

Orchard Place has adopted the seven commitments of Sanctuary as our core values:

- Growth & Change
- Nonviolence
- Emotional Intelligence
- Social Learning
- Open Communication
- Social Responsibility
- Democracy

Orchard Place is committed to embracing and building a culture where diversity is valued, while creating a more equitable and inclusive environment for clients, families, employees, and community members. We know that establishing an environment that supports clients and families who receive mental health services is critical to their well-being, and Orchard Place strives to place diversity, equity, and inclusion practices at the forefront of our daily work.

ORCHARD PLACE DIVERSITY, EQUITY, AND INCLUSION COMMITMENT

CHILD GUIDANCE CENTER

IN 2022, THE CHILD GUIDANCE CENTER PROVIDED CARE TO 4,164 CHILDREN AND YOUTH.

- Conducted 41,367 outpatient treatment and psychiatric visits.
- Served 67 youth through the Functional Family Therapy program, helping 75% of those completing the program stay in their homes.
- Provided 2,030 on-site/ virtual consultations to childcare programs,totaling 2,620 hours.

REPORTS:

PARENT PROGRESS

BASED ON YOUTH AND

90%

of youth/parents reported that therapy is helping them to recognize emotions and how they impact behavior

94%

of families completing Functional Family Therapy reported an improvement in family relationships

67%

of youth showed a positive change in emotional, social, and behavioral functioning from intake to discharge

94%

of youth/parents reported satisfaction with the services received

"I, AS A PARENT, HAVE STRUGGLED TRYING TO FIND MY OWN CHILDREN Comprehensive good effective care and have been turned Away Right and Left. Orchard place saved my child's life."

ORCHARD PLACE Campus

IN 2022, ORCHARD PLACE CAMPUS SERVED 210 CHILDREN. THE AVERAGE LENGTH OF STAY WAS 6.1 MONTHS.

IN 2022 AT ORCHARD PLACE CAMPUS:

- **76%** of youth showed a positive change in emotional regulation from intake to discharge.
- **75%** of youth showed a positive change in emotional, social, and behavioral functioning from intake to discharge.
- **98%** of youth successfully discharged to a lower level of care.
- **78%** of youth agreed with the statement "I am learning ways to help myself feel better here."



66

Our son was developing behavioral health issues I wasn't equipped to manage on my own. We found Orchard Place through the recommendation of another family.

While receiving behavioral health intervention services (BHIS), our son began seeing a therapist he really connected with who referred him to the intensive residential program at Orchard Place Campus.

"IT WAS HARD HAVING OUR SON AWAY FROM OUR HOME, BUT Staff make sure the Kids are Safe and they show how much they care. We made the right choice."

PACE CENTER

IN 2022, PACE CENTER SERVED 2,655 YOUTH AND FAMILIES.

- **96%** of youth/families served reported feeling respected and encouraged to share thoughts and ideas.
- **1,051** youth received care coordination services from our Integrated Health Home and System of Care programs.
- **251** youth across six area high schools were served on behalf of Juvenile Court Services and the Des Moines Public School District.
- **517** youth received skill-building services from PACE case managers.
- **270** youth received substance use services.

"WE WERE IN SURVIVAL MODE WITH OUR SON'S MENTAL HEALTH. OUR FAMILY WASN'T THRIVING, I WASN'T THRIVING AS A PARENT. I DIDN'T HAVE THE TOOLS. THE WHOLE TEAM AT ORCHARD PLACE SAVED US."

ORCHARD PLACE SURVEY RESULTS

HERE IS HOW 1,270 PARENTS AND YOUTH PARTICIPATING IN OUR TREATMENT PROGRAMS RESPONDED TO OUR SURVEYS:



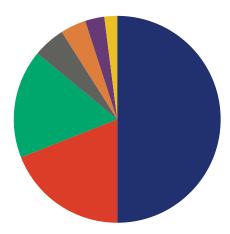
93% felt respected and encouraged to share thoughts and ideas.

88% felt confident their

felt confident their provider was helping them recognize emotions and how they impact behavior.

91% would recommend Orchard Place services to others in need of help. **91%** reported their provider recognized, respects, and values their family's culture and identity.

2022 FUNDING SOURCES



50% - MEDICAID

- **19% OTHER GOVERNMENT CONTRACTS**
- **17% INSURANCE AND PRIVATE PAY**
 - **5% PHILANTHROPY/OTHER**
 - **4% UNITED WAY OF CENTRAL IOWA**
 - **3% JUVENILE COURT**
 - 2% SCHOOLS

A LEGACY OF GIVING

Harriet and Locke Macomber's loyal and generous giving history with Orchard Place spanned more than 50 years and thanks to their planned gift, their legacy continues beyond their lifetimes. In FY2022, their estate gift established an endowment benefiting Orchard Place. The **Harriet S. and J. Locke Macomber Orchard Place Fund** will be administered by the Community Foundation of Greater Des Moines. The Fund's purpose is to initiate innovative programs to impact children's mental health in Central Iowa.

INVEST IN OUR MISSION: Developing stronger futures

Your financial contributions fund transformational care that provides hope and healing to youth and their families. Please visit orchardplace.org/donation or send a check in the enclosed envelope. If your workplace matches employee gifts, please let your business or organization know you are giving to Orchard Place.

Is Orchard Place in your will or estate plan or would you like to arrange for a legacy gift? Please let us know so we may recognize you as a member of our Elizabeth Mann Society (EMS). Legacy gifts enable you to create a powerful philanthropic legacy by making a direct impact on Orchard Place. EMS members will be invited to our annual Ambassador's Luncheon.

CALL 515.287.9610 Orchardplace.myplannedgift.org



ORCHARD PLACE EXECUTIVE OFFICERS

Chief Executive OfficerAnne S	Starr, M.S.W.	
Chief Financial OfficerVal Salts	gaver, C.P.A.	
Chief Medical OfficerStephen M	andler, D.O.	
Vice President, DevelopmentWe	ndy Ingham	
Vice President, Orchard Place/Child Guidance Center Jodie Warth, M.P.A.		
Vice President, Orchard Place Campus		
Amber Rand, L.M.H.C	C., I.A.A.D.C.	
Vice President, Orchard Place/PACE Center Sonni V	ïerling, M.A.	

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John Danos	Nancy Norman-Uhl	
Danielle Foster-Smith	Toby O'Berry	

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Vice President	Andrew Hall
Secretary/Treasurer	Megan Stelter

Members

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• ORCHARD PLACE HONORARY BOARD OF DIRECTORS

Hobie Bannister Wesley Boldt Nancy Bone Neil Broderick Paula Duncan Barbara Gartner Phyllis Hansell Ken Haynie Catherine McGarvey Brenda Mouw Wes Ritchie Bryan Shiffler

GIVE NOW



Orchard Place

Administrative Office

2116 Grand Ave. Des Moines, IA 50312 Phone: 515.246.3514 Fax: 515.246.3599

Orchard Place Campus

925 S.W. Porter Ave. Des Moines, IA 50315 Phone: 515.285.6781 Fax: 515.287.9695

Child Guidance Center

808 Fifth Ave. Des Moines, IA 50309 Phone: 515.244.2267 Fax: 515.244.1922

PACE Center

620 8th St. Des Moines, IA 50309 Phone: 515.697.5700 Fax: 515.697.5701

Orchard Place Foundation

925 SW Porter Ave. Des Moines, IA 50315 Phone: 515.287.9610 Fax: 515.287.9695

YOU CAN HELP DEVELOP STRONG FUTURES

To make a gift to Orchard Place or schedule a personal tour, please contact:

Wendy Ingham, Vice President of Development 925 SW Porter Avenue Des Moines, IA 50315 515.287.9610 wingham@orchardplace.org **CONNECT WITH US**

F O in V Orchardplace.org

Orchard Place 2116 Grand Ave. Des Moines, IA 50312



Recipient 123 Street Ave.